## Are you Adaptable?

Employers are seeking students and graduates who are proficient in their field and who have a strong grasp of the soft skills including: social graces, communication, friendliness, relationship building, etc. Student Life's Soft Skill Socials are designed to help you refine your skills and set you a step above your competition when entering the job market.

Visit www.ntc.edu/studentlife for upcoming Soft Skill Social dates and additional programming designed to enhance your employability.



## Are you adaptable?

1<sup>st</sup> half of the high-adaptability formula **FLEXIBILITY** 

High flexibility is characterized by 5 attributes:

## Confidence Tolerance EmpathyPositiveness Respect



Rigidity Competition with Others Discontent Unapproachable Difficulty with Ambiguity half of the high-adaptability formula
VERSATILITY

The five high-versatility traits:

Resilience Vision Attentiveness Competence Self-Correction

Negative 
Versatility is characterized by:

Subjectiveness Bluntness Resistance Single-Mindedness Unreasonable Risk-Taking

Tips for developing an adaptability mindset

1. Quit following the rules.

2. Think twice about saying no.

Start your day differently.
 Be an early adopter.

Small ways to weave adaptability into your leadership skills

 Adapt to personalities of employees, coworkers, customers.
 Adapt to the time of year.

Source: Do You Have Adaptability by Tony Alessandra http://www.success.com/article/do-you-have-adaptability