

# Central Wisconsin Fall Caregiver Conference

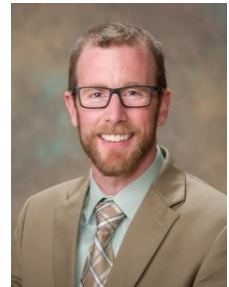
Tuesday, November 5, 2019  
8:00 AM - 3:00 PM  
Northcentral Technical College  
1000 W Campus Dr., Wausau, WI

Register online:  
<http://bit.ly/2019caregiver>  
Alzheimer's Association,  
Wisconsin Chapter

## Keynote Speakers:

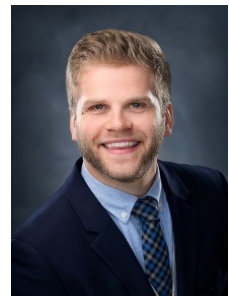
### ***Alzheimer's Disease: Diagnosis and Next Steps***

Dr. Peter Keenan, Neuropsychologist, Marshfield Clinic



### ***The Loss of the Living: A Caregiver's Grief***

Dr. Brian Weiland, Licensed Clinical Psychologist,  
Behavioral Health Clinic



### ***Everyday Meditation Techniques to Support Physical & Mental Health for Caregivers***

Heather Van Dalfsen, Yoga Therapist, Viniyoga Teacher  
and Managing Partner at 5 Koshas Yoga and Wellness



## **Workshops:**

- ◇ *Understanding and Responding to Dementia Related Behaviors*
- ◇ *Alzheimer's Advocacy and Public Policy*
- ◇ *Caregiver Roadmap: How to Navigate the Pit Stops*

## **Coffee & Cookies with Caregivers**

- ◇ *Caregiver Conversations*

***Fees: \$25 - Family Caregiver or Student | \$55 - Professionals***

***Thank you to Our Generous Sponsors***

*Silver: Ascension at Home and Marshfield Clinic Health System*

*Bronze: Evolutions in Design, GWAAR, Lakeland Care, and Primrose Retirement Community and Memory Care*