Girls just want to Have Fun!

Health, Wellness and a good time for women of ALL ages!

Saturday, October 9
8:30 a.m. - 3 p.m. • Northcentral Technical College - Phillips Campus
Check in begins at 8 a.m. Pre-registration is required.
Cost: $5 per person (includes continental breakfast, lunch and entertainment)*

*This event is available to ALL women.
Contact Price County Women’s Health Alliance at 715-762-7575 for available scholarships.

Presenters: Flambeau Hospital • Marshfield Clinic • Northcentral Technical College Ministry Health Care • Studio 1 • Price County Women’s Health Alliance Lakeside Financial • Time Out • Allied Health • Alzheimer’s Association

PRESENTATIONS
• 5 Laws To Success
• Zumba? A Fitness Trend
• Uploading Digital Photography
• Internet and Email Basics
• Beginning Yoga-Can I do this?
• Women Guide to Financial Success!
• Newest Updates for Breast Cancer Screening
• Women and Healthy Relationships
• Caregiver Roles and Resources for Women
• Volunteering
• Advanced Directives
• 4 Haircuts that will change your life!
  (including consultation that will look best on you!)
• Fall makeup trends for 2010
• How to be a “Queen” in your world everyday!
• Prize Drawings! *Bring a nonperishable food item for the local food pantries and get an extra chance at the drawings!

FREE! HEALTH SCREENS
• Ministry Heart Care Screen
• Blood Pressure
• Blood Sugar
• Vision
• Foot and Posture
• Glaucoma
• Foot and Balance

PLUS! Marshfield Clinic Mobile Services will be offering onsite Mammograms. Call and schedule an appointment. This test is NOT free. Call for available funds if you can’t afford a mammogram and/or have your insurance available. No same day appointments will be scheduled. Call 1-800-782-8581 ext 93822 or 16086.

Warm paraffin hand dip and hand massages available!
Entertainment by “Sweet Adeline’s” from Stevens Point

Call 715-762-7575 or 715-339-4555 ext.7504 for more information.

REGISTRATION FORM (deadline is Friday, October 1)
Name: ____________________________
Address: ____________________________
Phone number: ____________________________
Please enclose $5 per person. Mail or drop off registration form with payment to:
NTC-Phillips Campus • 1408 Pine Ridge Road • Phillips, WI 54555

Sponsored by:

Flambeau Hospital
A Service of Marshfield Clinic and Ministry Health Care

Marshfield Clinic

Northcentral Technical College

Price County Women’s Alliance

[Signature]
[Date]