NTC & UWMC Intramurals
Co-ed Volleyball Rules

Game Length
1.1. All games are rally scoring.
1.2 A game is completed when a team scores 21 points (winning by at least 2 points), or the team that reaches 25 points first.
1.3 The first team to win two games wins the match.
1.4 If a third game is necessary to decide the match the first team to 15 points wins.

Timeouts
2.1 Each team is given 1 timeout per game.
2.2 Timeouts can only be called during a dead ball, unless there is an injury. If play is stopped due to an injury, that point will be replayed.
2.3 Timeouts are 1 minute long.

Players/Team
3.1 Players must be NTC or UWMC students or staff.
3.2 Players may compete for ONLY ONE team. Once a person has played with a team, they cannot play with any other team. Violation will result in a forfeiture of the games involving that player.
3.3 Roster sheets will be cross referenced with student ID cards. (Must bring ID each week to play!)
3.4 Maximum of 6 players on the court with no more than 3 players of the same gender.
3.5 A minimum of 5 players must be on the court at all times.

Before The Game
4.1 Paper, scissors, rock will precede the match. The captain that wins will choose to serve or receive. The captain that loses will choose which side they start on.
4.2 Paper, scissors, rock will precede the third game if needed.

Game Play
5.1 NCAA rules will be enforced.
Forfeits
6.1 Failure to begin play after 5 minutes of the scheduled game time will result in a forfeit of the first game. After 10 minutes, the match will be forfeited.

Shoes
7.1 All players are required to have clean indoor running shoes.
7.2 A player with dirty, muddy, or wet shoes will be asked to leave the playing surface.

Dismissal From League
8.1 Physical contact with players.
8.2 Flagrant fouls that could, or do injure anyone.

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